



East Hartford Outpatient Practice

Real Hope has a New Address in East Hartford

CHR now provides a wide range of personalized, outpatient behavioral healthcare services for the entire family in East Hartford. This includes expert care for depression, anxiety and other mental health conditions, as well as substance use disorders, co-occurring disorders and trauma-related conditions. For people of all ages, services include individual, group, and family therapy.

CHR'S APPROACH TO CARE

At CHR, we believe that recovery is always possible. Our approach to care is individual and family-centered and delivered without judgement in a welcoming and culturally-sensitive environment. CHR's goal is to help people recognize and leverage their own strengths and talents and achieve lasting, optimal health.

SERVICES FOR ADULTS INCLUDE:

- 24/7 crisis prevention, intervention and emergency services
- Intake evaluation to determine the level of care an individual needs and the best way to help an individual meet his or her goals, related to mental health or substance use disorders
- Psychiatric evaluation to create a plan of care that may include medications
- Individualized treatment planning
- Individual, group and family therapy
- Medication management services

SERVICES FOR CHILDREN AND FAMILIES INCLUDE:

- Clinical and psychiatric assessments
- Crisis intervention
- 24/7 on-call emergency professional coverage
- Psychiatric evaluation, treatment recommendations and medication management
- Individual, family, and group therapy
- Crisis support, short and long term therapy
- Collaboration and coordination with other community resources (i.e. schools, pediatricians)
- Parent support

CALL TOLL FREE

1.877.884.3571 OR VISIT WWW.CHRHEALTH.ORG

LICENSED BY DCF AND DPH, ACCREDITED BY THE JOINT COMMISSION



WE'RE READY TO HELP

CHR accepts referrals from parents, guardians, family members and friends. We also take referrals from schools, hospitals, private providers, primary care physicians, pediatricians, community agencies and emergency service personnel, to name a few. We also welcome self-referrals.

CHR accepts Medicaid, HUSKY Part A & Part B, Medicare and most major health insurances as partial or full payment for services.

A NETWORK OF SUPPORT

24-Hour On-Call Emergency Professional Coverage

Crisis Intervention and Support

Outpatient Services (Adult, Child and Family)

- Clinical and psychiatric assessments
- Evaluation, treatment recommendations and medication management
- Individual, family and group therapy
- Treatment of depression, anxiety and other psychological problems
- Substance abuse assessment and treatment

Child and Family Specialty Programs

- Trauma-Focused Cognitive Behavioral Therapy
- Adolescent Community Reinforcement Approach
- Foster Care
- Community Support for Families

Child and Family In-Home Services

- Functional Family Therapy
- Intensive In-Home Child & Adolescent Psychiatric Service
- Multi-Dimensional Family Therapy

Adult Services

- Intensive Outpatient/IOP Plus
- Residential Substance Use Treatment Programs
- Community Support and Rehabilitation
- MAT for Opiate Dependence

Adult In-Home Services

- Mobile Crisis Response Team
- Assertive Community Treatment

Primary Care and Wellness Service

- Whole Health, Behavioral Health Home and Charter Oak Health Center

Housing-Services

- Residential, Outreach and Supportive Housing Programs

CONVENIENT LOCATIONS

BLOOMFIELD

693 BLOOMFIELD AVENUE, SUITE 101
BLOOMFIELD • CT 06002

DANIELSON

77 WESTCOTT ROAD
DANIELSON • CT 06239

EAST HARTFORD

474 SCHOOL STREET
EAST HARTFORD, CT 06108

ENFIELD

153 HAZARD AVENUE
ENFIELD • CT 06082

HARTFORD

CHARTER OAK
HEALTH CENTER
21 GRAND STREET
HARTFORD • CT 06106

HARTFORD

999 ASYLUM AVENUE, SUITE 502
HARTFORD • CT 06105

MANCHESTER

THE CENTER FOR HEALTH
& WELLNESS
444 CENTER STREET
MANCHESTER • CT 06040

MANSFIELD

7B LEDGEBROOK DRIVE
MANSFIELD • CT 06250

MIDDLETOWN

955 SOUTH MAIN STREET
MIDDLETOWN • CT 06457

NORWICH

55 MAIN STREET, SUITE 410
NORWICH • CT 06360

PUTNAM

391 POMFRET STREET
PUTNAM • CT 06260

WILLIMANTIC

433 VALLEY STREET
WILLIMANTIC • CT 06226

WILLIMANTIC

1491 WEST MAIN STREET
WILLIMANTIC • CT 06226

FOR AVAILABILITY OF SERVICES IN YOUR AREA, CALL CHR'S
ASSESSMENT CENTER AT 1.877.884.3571 OR VISIT WWW.CHRHEALTH.ORG